

THE SOCIETY FOR SHAMANIC PRACTITIONERS

5th UK Residential Conference

8th - 11th September 2011

(Pre-Conference Day: 7th September)

Dancing with the Two Rivers of Life

Welcome to the Conference

SOCIETY FOR SHAMANIC PRACTITIONERS

The Society was formed in 2004
with the intent of helping to translate
the ancient art of shamanism
for use in the modern world.

MISSION

We are an alliance of people deeply committed to the re-emergence of shamanic practices that promote healthy individuals and viable communities.

VISION STATEMENT

To keep up with the changing times,
the Society for Shamanic Practitioners:

Creates an alliance of diverse shamanic practitioners,
which functions as a circle of peers.

Gathers and disseminates knowledge about shamanic practice

Promotes the importance of personal responsibility in
doing the inner work necessary to live and practice with integrity

Focuses resources and shamanic energies
to bring healing and unity to the world

Provides a forum for sharing ideas about integrating
shamanic practice into contemporary society,
clinical practice, institutions and efforts to heal the earth

Encourages a dynamic exchange around how people
use spiritual practice in their personal daily lives and
how we bring shamanic practices into our professions

Creates grass roots communities that support each other

Supports education through an annual conference,
regional gatherings and small focused retreats

Maintains a repository of stories and clinical
case studies of successful shamanic interventions

www.shamansociety.org

THE 2011 SHAMANIC CONFERENCE

Our goals for this conference are: to expand knowledge about shamanic practice; to deepen healing skills; to learn new ways of doing the inner work necessary to live and practice with integrity; to build an ever-increasing shamanic community; and to have time for self-healing so that we return to the world re-vitalised and inspired.

Over the conference you will have the chance to learn from a variety of different teachers and to engage with spirit in numerous ways. It should be an experience like no other. We encourage you to connect with nature and make as many new friends as possible. We hope this is a transformational experience for you.

FEEDBACK - We are very interested in your feedback so we can continually improve on this experience in following years. Please fill out the evaluation forms at the back of this Procedure Booklet and let us know your thoughts. These evaluation forms can be completed as you go along.

Before you leave, please tear out the completed form, put in the envelope we will give you, and put in the box labelled Feedback.

PHOTOS - Dean Richards will be taking photographs throughout the conference; some of these will be printed in magazines or displayed on websites. *If you do not want your photograph taken please let Dean know.*

Our grateful thanks to...

*Nicholas Breeze Wood, for all his support and help in producing brochures, adverts, the Procedure Booklet and for maintaining the conference website: **www.shamanconference.co.uk***

Grateful thanks from Howard and Elsa to the rest of the planning committee:

*Bonnie Horrigan, Alan Davis MD, PhD, Vanessa Allen,
Nicholas Breeze Wood, Annie Spencer & Faith Nolton.*

*Last but not least a big thank you to
our guiding Spirit Helpers and the Spirit of the Conference
for their gentle and wise support.*

THE VENUE

Gaunts House is a Georgian-Victorian, red-brick mansion with a castellated north tower, set in extensive grounds covering 2,000 acres.

The accommodation is comfortable but not luxurious.

Meals are delicious and entirely vegetarian.

The house was first documented around 1355, when it was

left to John of Gaunts by his beloved wife Blanche,
daughter and heiress of the old Duke of Lancaster.

Beneath the present red-brick mansion is one of Portland stone,
built around 1752 by Sir Richard Glyn, Lord Mayor of London.

www.gauntshouse.com Tel: (01202) 841 522

Gaunts house is in a rural location, mobile phone reception
will vary according to the service provider

There is a public payphone within Gaunts House

PLEASE BRING

your own towels, indoor shoes,
warm and comfortable 'all weather' clothes
and a torch

MEALS

Breakfast - Continental style, self-service

Lunch and Supper - 2 courses

MEAL TIMES DURING THE CONFERENCE

THURSDAY

SUPPER 5.30-6.30pm

FRIDAY

BREAKFAST 7.00-8.15am • LUNCH 12.45-1.45pm • SUPPER 6.15-7.15pm

SATURDAY

BREAKFAST 7.00-8.15am • LUNCH 12.45-1.45pm • SUPPER 6.15-7.15pm

SUNDAY

BREAKFAST 7.00-8.15am • LUNCH 1.15-2.15pm

OPTIONAL PRE-CONFERENCE ARRIVAL DAY

WEDNESDAY 7TH SEPTEMBER

2.30pm: Registration

5.30 - 6.30pm: Supper

7.30 - 9.30pm

SHAMANISM WITHOUT BORDERS

OPTIONAL WORKSHOP

with Alan Davis MD, PhD

During this evening ceremony we will listen to the story of the land to learn of its desires. Based on the individual experiences the group will create and enact a ceremony in service to a chosen place.

We will all participate in healing of places both locally and non locally as a group.

Full details of all the presenters starts on page 31

THURSDAY 9th SEPTEMBER

7.00 - 8.15am: Breakfast

The morning is left free for you to rest or socialise.

12.30 - 1.30pm: Lunch

The afternoon until supper is left free.

THE DAILY SESSIONS

6.15 - 7.00am

AWAKENING TO THE YIN-YANG DANCE -

Movement and the Rising Sun

with Anja Saunders

Flowing with the two rivers through movement and meditation as we welcome the first light of the day. Anja will share the early morning movement session, at the time of the rising sun, to embrace the dance of polarities in the creation of a new day.

We awaken our bodies and mind in a gentle way, drawing on the first light, so our energies can align with those of the earth and the sun. This brings clarity and vitality preparing us for the spirit work of the day.

All welcome - no limit on numbers

9.00 - 10.00am Friday and Saturday * 8.30 - 9.30am Sunday

DAILY PLENARY SESSION

with Christiana Harle

The two rivers of life define your dualistic life of Male and Female, Light and Dark, Yin and Yang and are the driving forces that create growth and involvement on your spiritual path. These two opposites are great earthly teachers and invite you to find the balance both within and without.

During this conference you can acknowledge that constant duality of life and look at how you deal, or can deal with it to keep the balance, within yourselves, with each other and everything around you. The two rivers of life define your dualistic life of Male and Female, Light and Dark,

These three Plenary sessions led by Christiana will move through:

THE RIVER OF JOY and THE RIVER OF FLOW,

leading to THE ISLAND OF MOVEMENT

Plenary sessions take place in the theatre

AT-A-GLANCE TIMETABLE FOR CONFERENCE 2011

Full schedule and descriptions of workshops start on page 13

Biographies of all the workshop facilitators start on page 31

THURSDAY 8th SEPTEMBER

2.30 - 4.30pm:
REGISTRATION *(in the Entrance Hall)*

3.30 - 4.45pm:
SHAMANIC JOURNEYING WORKSHOP
For those new to shamanic journeying, or those wishing to recap
with Sarah Howcroft *(in the Ballroom)*

5.30 - 6.30pm:
SUPPER

6.30 - 7.30pm:
INTRODUCTIONS AND WELCOME *(in the Theatre)*

FOLLOWED BY

OPENING CEREMONY: THE FIRE OF INSPIRATION
with Annie Spencer

7.30 - 9.30pm:
FROM THERE TO HERE – MOVING INTO THE ZONE
with Leo Rutherford MA

FRIDAY 9th SEPTEMBER

6.15 - 7.00am:

AWAKENING TO THE YIN-YANG DANCE -
Flowing with the Two Rivers as we Greet the Day
with Anja Saunders (*in the Theatre*)

7.00 - 8.15am:

BREAKFAST

8.30 - 9.00am:

CIRCLE GATHERING AND ANNOUNCEMENTS

A time to meet in one big circle to begin our day together
(*in the Theatre*)

9.00 - 10.00am:

PLENARY SESSION - THE RIVER OF JOY
with Christiana Harle (*in the Theatre*)

10.00 - 10.30am:

BREAK

10.30 - 12.30pm:

CHOICE OF 2-HOUR WORKSHOPS (choose one)

PSYCHOPOMP FOR THE

ANCIENT DEAD OF DORSET

with Mel Tomlinson & Stephanie Mills (*in the Library*)

INTRODUCTION TO EARTH AWARENESS

with David Wendl-Berry (*Outside*)

WALK YOUR FUTURE LIVE YOUR DREAMS

with Taz Thornton Assisted by Alison Bowie
(*in the Ballroom*)

INTRODUCTION TO THE SHAMAN'S DRUM

with Pete Bengry, Assisted by Chetna Lawless
(*in the Theatre*)

FRIDAY 9th SEPTEMBER (cont)

12.45 - 1.45pm:
LUNCH

2.00 - 6.00pm:
CHOICE OF 2-HOUR WORKSHOPS (choose one)

THE SHAMAN AS PEACEKEEPER
with Chris Luttichau (*in the Ballroom*)

RITUAL STORYTELLING, FREEDOM AND
COMMUNITY RESONANCE
with Shivam O'Brien (*in the Theatre*)

*or instead of taking part in one long workshop
you may choose one or both of the two shorter ones below...*

2.00 - 3.45pm:
TRANCEFORMATION ! FEELING IS HEALING
with Sarah Howcroft
(*in Ash, a room on the first floor of the house*)

4.15pm - 6.00pm:
WE ARE THE FLUTE, BUT THE MUSIC IS THINE
with Beatrice Simmons-Heiz, assisted by Mary Willis
(*in the Library*)

6.15 - 7.15pm:
SUPPER

7.30 - 9.30pm:
THE WAY OF THE DANCING WARRIOR
with Ya'Acov Darling Khan (*in the Theatre*)

SATURDAY 10th SEPTEMBER

6.15 - 7.00am:

AWAKENING TO THE YIN-YANG DANCE -
Flowing with the Two Rivers as we Greet the Day
with Anja Saunders (*in the Theatre*)

7.00 - 8.15am:

BREAKFAST

8.30 - 9.00am:

CIRCLE GATHERING AND ANNOUNCEMENTS

A time to meet in one big circle to begin our day together
(*in the Theatre*)

9.00 - 10.00am:

PLENARY SESSION - THE RIVER OF FLOW
with Christiana Harle (*in the Theatre*)

10.00 - 10.30am:

BREAK.

10.30 - 12.30pm:

CHOICE OF 2-HOUR WORKSHOPS (choose one)

WALKING WITH THE SACRED PIPE

with Nicholas Breeze Wood with Faith Nolton
(*in the Ballroom*)

IN A NUT SHELL

with Mark Loman
(*in Ash, a room on the first floor of the house*)

DANCING THE TREE OF LIFE

with Ya'Acov Darling Khan (*in the Theatre*)

EXPANDING AWARENESS

with Ben Rayner (*in the Library*)

SATURDAY 10th SEPTEMBER (cont)

12.45 - 1.45pm:
LUNCH

2.00 - 6.00pm:
CHOICE OF 2-HOUR WORKSHOPS (choose one)

SHAPESHIFTING THE SHADOW
with Trisha Mulholland MA (*in the Ballroom*)

WALKING THE TWO RIVERS OF DESTINY
THE RIVER OF BLOOD AND THE RIVER OF MILK
with Rev Dr John-Luke Edwards PhD (*in the Theatre*)

A GAP IN THE HEDGE – THE NEXT STEP
with Steve Niner (*Outside*)

*or instead of taking part in one long workshop
you may choose one or both of the two shorter ones below...*

2.00 - 3.45pm:
AWAKENING THE ENCHANTRESS
with Dawn Russell and Lorraine Grayson
(*in Ash, a room on the first floor of the house*)

4.15 - 6.00pm:
PEEP BEHIND THE CURTAIN
with Maria~Runningwater (*in the Library*)

6.15 - 7.15pm:
SUPPER

7.30 - 9.30pm:
UN-HUN SHAMANIC THROAT SINGING
with Vladislav Matrenitsky MD, PhD (*in the Theatre*)

SUNDAY 11th SEPTEMBER

6.15 - 7.00am:

AWAKENING TO THE YIN-YANG DANCE -
Flowing with the Two Rivers as we Greet the Day
with Anja Saunders (*in the Theatre*)

7.00 - 8.00am:

BREAKFAST

8.15 - 8.30am:

CIRCLE GATHERING AND ANNOUNCEMENTS
(*in the Theatre*)

8.30 - 9.30am:

PLENARY SESSION - THE ISLAND OF MOVEMENT
with Christiana Harle (*in the Theatre*)

09.30 - 10.00am: BREAK (and setting up of stalls for market)

10.00 - 11.15am: SHAMANS' MARKET

(*in the Theatre*)

11.45 - 1.00pm:

THROAT SINGING AS A TOOL
FOR SHAMANIC PRACTICE IN TUVA
with Vladislav Matrenitsky MD, PhD (*in the Theatre*)

1.15 - 2.15pm:

LUNCH

2.15 - 2.45am:

THE GIVE-AWAY CEREMONY
(*in the Theatre*)

3.00 - 3.30pm:

KEYNOTE SPEECH AND SOCIETY UPDATES
with Alan Davis MD, PhD

3.30pm:

CLOSING CEREMONY
with Annie Spencer

4.30pm:

GRATITUDES AND FUTURE PLANS
with Howard & Elsa Malpas

THE SOCIETY FOR SHAMANIC PRACTITIONERS
5th UK Residential Conference

FULL SCHEDULE OF EVENTS

A full details of all the presenters starts on page 31

THURSDAY 8th

2.30 - 4.30pm:
CONFERENCE REGISTRATION

3.30 - 4.45pm:
SHAMANIC JOURNEYING
with Sarah Howcroft

Maximum of number of participants for this workshop: unlimited

For those new to shamanic journeying, and those wishing to re-cap.

An essential starting point for your shamanic exploration, this workshop is a short introduction to shamanic journeying, enabling you to meet your power animals and spirit guides for healing and guidance, for yourself and others. This is an important step, in itself, a wondrous and life changing experience for many people, a door opening into the spirit worlds where everything is possible and so much may be seen and healed - but it is just the beginning! The workshop will include a short talk about core shamanic techniques and their origins, clear and full explanation of the method of journeying using the drum beat, and the effects of the drum beat on your consciousness.

You will experience journeying to the Upper and Lower Worlds to connect with spirit and animal guides. The workshop will equip you to get the best from any journeys you may need to undertake during other workshops at the Conference.

You will be ably supported by a teacher who is honoured to have taught literally hundreds of people to journey, yet still considers herself to be learning all the time!

THURSDAY 8th

6.30pm:

A WELCOME TO THE CONFERENCE

with Howard & Elsa Malpas (in the Theatre)

followed by

OPENING CEREMONY - The Fire of Inspiration

with Annie Spencer

Let us call to Spirit and our helping spirits saying we're back once more: draw near and hold a space of beauty and safety for the coming days... so **bring drums and rattles and wear ceremonial clothing or something beautiful to honour Spirit.**

Fire: the light and the warmth of the world, dancer between the worlds. Fire: in whose flames all that may yet come and all that has been can be seen. Fire warms us on both the two roads of life: fire is a source of renewal for our soul, a gateway that connects us to the world of spirit; and fire warms the body and heart of each one of us. Let us hold a fire to keep our connection always open to Spirit. A quiet place where we may go to make prayers, give offerings, sit in stillness, tell stories, crack jokes, give and receive teachings.

So, having opened ourselves to Spirit, we will make our joyful way outside to light the fire that will burn on the boundaries of our space.

Please wear outdoor shoes in the hall this one time.

7.30 - 9.30pm:

FROM THERE TO HERE - MOVING INTO THE ZONE

with Leo Rutherford MA

Meeting your fellow participants without words..

A ceremony of unexpected delights, surprises, movements, happenings. Chanting, moving, dancing, drumming, celebrating.

We gather after our first dinner together and we wonder what's going to happen. A coyote-man encourages us to chant and dance, meet each other in movement and song. A happening unfolds into the space beyond logic and reason, we enter the shaman's dream where we are moved by the drums, the sounds, the Universe... and our usual barriers gently collapse into the laughter and joy of being together as we become One.

The people are present - the conference has begun.....

FRIDAY 9th

6.15 - 7.00am:

AWAKENING TO THE YIN-YANG DANCE -

Flowing with the two rivers through movement and meditation as we welcome the first light of the day with Anja Saunders

Maximum number of participants for this workshop: unlimited

10.30 - 12.30am:

CHOICE OF FOUR 2-HOUR WORKSHOPS

Please Choose One

MORNING WORKSHOP CHOICE ONE:

PSYCHOPOMP FOR THE ANCIENT DEAD OF DORSET

with Mel Tomlinson and Stephanie Mills

Maximum of number of participants for this workshop: 20

Things to bring: Drums and Bells if you have them.

All items for making the dolls will be supplied

We will be working on the edge of light and dark. We will focus on the remains of ancient people of the land who have been dug up from their resting places and lie boxed in museums, causing great dis-ease for the spirits of place. There is a feeling of heaviness in the land – a disquiet. Our intention will be to release the heaviness and create a relief for their descendants and the living.

We will create small/simple representations of the bodies. The bodies will be made out of small pegs and clothed. We will go on a short journey to the land, to the ancient peoples and we will return and breathe what we find into the dolls. Each doll will then be placed on a carefully prepared altar. You will witness the guiding home of the souls from this land... to the land of the dead. The ceremony will offer a psychopomp conducted in the Wulven path lineage tradition there will be a teaching for those who have never witnessed this sacred ceremony. This will also be an opportunity to partake in a profound healing of the local land and her children.

The bodies will be carefully wrapped and honoured in a small cloth bundle that will be burnt during the conference. In closing the ceremony, everyone will have the opportunity to pair up and do a 'Rain Drum Soul Sweeping.'

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MORNING WORKSHOP CHOICE TWO: INTRODUCTION TO EARTH AWARENESS with David Wendl-Berry

Maximum of number of participants for this workshop: 12

Things to bring: Waterproofs and Walking Boots

This workshop takes place in the lush woodland surrounding Gaunt's House, and aims to guide the participant towards the re-establishment of a personal and powerful relationship with nature, which once was the way of our ancestors.

Earth, Air, Fire and Water are not only a part of us but also our teachers, as are Night and Day, Sun and Moon. We will journey through the elements and all the levels of creation: mineral, plant, animal and human.

This journey can help us face fears, conquer demons and experience the lasting peace and joy of our own personal renewal.

- Introduction to Earth Awareness Exercises
- Ways to use the natural world for therapeutic purposes

These exercises, though simple, can become quite profound: they are used to connect us back with the power of the land and to re-establish a relationship with nature that is symbiotic, holistic and healing.

MORNING WORKSHOP CHOICE THREE: WALK YOUR FUTURE – LIVE YOUR DREAMS with Taz Thornton Assisted by Alison Bowie

Maximum of number of participants for this workshop: unlimited

Things to bring: a notebook, pen, drum/rattle, bandana, an open heart and a desire to work for 'all our relations'. Shamanic journeying experience will be useful but not essential

As we dance the rivers of life, many of us wonder why we're really here. In this western world, we're programmed to set goals for ourselves, to strive for betterment... but what if our aim is misdirected? What if our soul's path is to achieve much more, or take an entirely different direction, for the good of ourselves and all our relations? If we could only see those signposts...

What if you could take your higher-self by the hand and step into the future? How different could your life become if you could actually see

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what it was possible for you to achieve? What if you were able to step forward in time and realise the magic of your place in this world?

For years, practitioners of hypnosis and Neuro Linguistic Programming have used specially-developed techniques to facilitate the setting of 'live' goals, but shamanism allows us to take this even further, empowering us to reach out into the unknown and ask for divine guidance before setting out to follow our true destiny.

Combining NLP techniques with visualisation and shamanic journeying, this workshop facilitates actually stepping into our own futures, aided by the wisdom of our higher-selves. This workshop will allow us to touch, sense and see our lives many years ahead, before moving back into the present with a clear picture of the amazing things we can achieve, together with a very real idea of how and why.

MORNING WORKSHOP CHOICE FOUR:

INTRODUCTION TO THE SHAMAN'S DRUM

with Pete Bengry Assisted by Chetna Lawless

Maximum of number of participants for this workshop: unlimited

Things to bring: a drum or some form of percussion. Shamanic journeying experience will be useful but not essential.

Calling in the spirit of the drum, working and connecting with the shaman's drum as an instrument for music and healing!

This will be a direct experience of merging deeply with the spirit of the drum, feeling its healing presence and grace. Learning to listen to the spirit and allow it to speak and move through you as you need to be moved: allowing the drum to become your guide, healer and teacher.

During this time you can explore and deepen your connection to the drum, allowing you to feel more confident and technically proficient when using your drum in shamanic healing or personal practice.

FRIDAY 9th

2.00 - 6.00pm:

CHOICE OF WORKSHOPS

Please choose ONE of the 2 longer workshops offered

OR choose ONE or BOTH of the 2 shorter workshops offered

AFTERNOON LONGER WORKSHOP CHOICE ONE:

THE SHAMAN AS PEACEKEEPER

with Chris Luttichau

Maximum of number of participants for this workshop: unlimited.

Things to bring: A notebook, pen, drum, bandana, outdoor clothing.

This workshop offers teachings on the traditional role of the shaman as peace keeper and peace creator. Creating, maintaining and ensuring harmony between the worlds, between human beings and nature, between humans themselves, and within the individual, are some of the traditional tasks of the shaman.

We will work together using traditional medicine teachings on the way of peace. We will experience exercises that help to open a deeper understanding of the teachings, as well as to begin integrating them.

Finally we will conduct an outdoor peace ceremony, to include a fire ritual, where participants will receive further teachings and tools on how to continue working with the way of peace after they leave the conference.

AFTERNOON LONGER WORKSHOP CHOICE TWO:

RITUAL STORY TELLING, FREEDOM

and COMMUNITY RESONANCE

with Shivam O'Brien

Maximum of number of participants for this workshop: unlimited.

Things to bring: Any, or all, or some of the of the following. But it is ok to come without... a stick as long as elbow to fingertip and finger thick, sharp knife, a flower or two, a piece (foot square or so) of natural beautiful coloured cloth. A few bright threads. A few sheets of paper and writing materials. A feather or two. Any other kinds of little offerings.

The telling and unfolding of the layers of one of the great stories that speak of origins, sacred relationship and forgetfulness - with

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commentary, illustrations, and a collective ritual honouring of the story, taking the story to the heart with visualisation and meditation and prayer and holy speech between men and women.

Wonder, remembering of the innocence and magnificence of who we are, and our place as humans with awareness, style, humility and vitality amidst natural immensity.

A heart opening reverence and awe for the great remembering of who we are among these forests and waters, the immensity of the natural world. Participants will have an opportunity to grasp the enormous multi layered relevance of tales from ancient cultures and recognise a key foundation stone in the remaking of a sacredly aligned culture and how that plays out both in terms of our individual roads of awakening and collectively remembering as we attempt to flower as men and women - or children, youths and elders. How the ancient shared vision of that which is most precious, innocent and holy lives on in discarded fairytales.

2.00 - 3.45pm:

AFTERNOON SHORTER WORKSHOP CHOICE ONE:

TRANSFORMATION! FEELING IS HEALING

with Sarah Howcroft

Maximum of number of participants for this workshop: unlimited

Things to bring: wear loose comfortable clothing, and bring a cushion, blanket, bandana, notebook and pen, water bottle - it is especially recommended that you are well hydrated before starting this work.

Many rivers flow into our 'sea of life,' and sometimes they can get blocked or polluted, which prevents us from functioning as whole beings. Stuck patterns and beliefs are very often linked to old, unprocessed emotions which are held somewhere in your body, and the changes brought about by releasing these can be astonishing! It's simple - feeling is healing! And it's a myth that healing must be hard work or must take a long time.

This workshop will incorporate body and breath-work, a blindfold trance dance of approximately forty-five minutes, and a time for relaxation, sharing and processing. The body and breathwork will consist of a few simple, gentle, but very potent exercises. The trance dance will be in three sections, designed to examine and - most importantly - feel - both sides of your own duality, and to weave together and make sense

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of the contradictions inherent in being human. This is intended to help you to clear what blocks your inner rivers from flowing forward into your full potential, and to bring new guidance, confidence, freedom and vision for the future. Come with an open mind and an intention, and be prepared for a joyful launch into the 'sea of life!'

4.15 - 6.00pm:

AFTERNOON SHORTER WORKSHOP CHOICE TWO:

**'WE ARE THE FLUTE BUT THE MUSIC IS THINE -
who are we, O Thou soul of our souls
that we should remain in being beside Thee?'**

(Mevlana Jelaluddin Rumi)

with Béatrice Simmons-Heiz, assisted by Mary Willis

Maximum of number of participants for this workshop: 20

Things to bring: drum, rattle, paper and pencil, eye cover, a cover to keep warm with.

'One went to the door of the Beloved and knocked. A voice asked, "Who is there?" He answered, "It is I." The voice said, "There is no room for Me and Thee." The door was shut.

After a year of solitude and deprivation he returned and knocked. A voice from within asked, "Who is there?" The man said, "It is Thee." The door was opened for him.' (Rumi)

We will journey to the different aspects of this story from Rumi, which has always touched me and was immediately resonating in me when I was heard the title for this years' conference. By journeying we will explore aspects of the story of 'Me and Thee.'

In a ritual and journey enhanced by the fragrance of special resins we will experience the door opening, hear the music and merge with the divine source and sound. We will create sacred space within and in which we can dance with 'the two rivers of life' experiencing them flowing into the 'one ocean.'

'(I have been) knocking on a door. It opens. I've been knocking from within.' (Rumi)

Let us look at what is stopping us from remembering unity and getting identified with the illusion of separation.

In remembering the One Source we will create scented and sacred space of stillness within and without.

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7.30 - 9.30pm:

THE WAY OF THE DANCING WARRIOR

with Ya'Acov Darling Khan

Maximum of number of participants for this workshop: unlimited

Things to wear: loose layered clothing

There is a dancer inside you who lives inside your bones. This dancer is already free to feel, express, and create with life. You will be guided in a step-by-step process that will invigorate and refresh you, leaving you peaceful and in touch with the magnificence of life within and all around you.

Movement Medicine is the result of 25 years of research into the power the dance has to awaken, heal and remind us of the exceptional wisdom of the life force inside us. It is a call to remember who you are and what you are here to create.

SATURDAY 10th

6.15 - 7.00am:

AWAKENING TO THE YIN-YANG DANCE -

Flowing with the two rivers through movement and meditation as we welcome the first light of the day with Anja Saunders

Maximum number of participants for this workshop: unlimited

10.30 - 12.30am:

CHOICE OF FOUR 2-HOUR WORKSHOPS

Please Choose One

MORNING WORKSHOP CHOICE ONE:

WALKING WITH THE SACRED PIPE

with Nicholas Breeze Wood with Faith Nolton

Maximum of number of participants for this workshop: 16

Things to bring: a very small heart gift as an energy exchange. This is a symbolic token of respect for the tradition and the helping spirits and ancestors.

An introduction to the Native American sacred pipe traditions.

The sacred pipe is an energy marriage between the two dualist opposites of the universe - the 'yin and yang' of Chinese Taoist traditions - the 'emptiness and form' of Tibetan tantric Buddhism - the dance of 'male and female' found in cultures all over the world.

When the two parts of the pipe (bowl and stem) are joined in ceremony these two opposites are brought together and the pipe represents the whole of the universe in unity.

This workshop will look at the traditions and use of the sacred pipe and will include a pipe ceremony.

Please note that tobacco will be smoked as part of the ceremony, but it is up to participants' individual choice whether they do so or not. This will not effect their full inclusion in the ceremony.

A chance to experience this powerful prayer ceremony and feel a deeper connection to all of creation – all our relations

If you have a sacred pipe that you wish to have blessed and awakened you can bring it to the ceremony.

SATURDAY 10th

MORNING WORKSHOP CHOICE TWO: IN A NUTSHELL - CRAFT WORKSHOP with Mark Loman

Maximum of number of participants for this workshop: 20

Things to bring: small medicine items which you would like to put in your locket but remember they need to be small as we will be working with a walnut shell. The walnut shells and all other materials will be supplied.

In a nut shell is a craft based workshop in which we will create a power object for personal empowerment and to honour the two rivers of our bloodline which came together to create us. It will be a vessel in which we can carry personal medicine objects. It is a twist on the traditional medicine bag made instead from a walnut shell which we will craft in to a beautiful container for our secret treasures. The workshop will start with a journey to connect with the spirits of creativity and ask them to show us the beauty of our own DNA helix, we will then make our power locket.

MORNING WORKSHOP CHOICE THREE: DANCING THE TREE OF LIFE with Ya'Acov Darling Khan

Maximum of number of participants for this workshop: unlimited

Dancing the Tree of Life will give you an experience of embodied journeying through the three worlds of the Tree of Life.

Giving a sense of embodied journeying and a deeper sense of your place and your offering to the great wheel of life. Witnessing where we are, where we have come from and receive inspiration and guidance for the road ahead.

Movement Medicine works to embody the shamanic experience, something that in an already disembodied culture is of vital importance if we are to be part of the dreaming and creation of a sustainable life on earth.

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MORNING WORKSHOP CHOICE FOUR: EXPANDING AWARENESS with Ben Rayner

Maximum of number of participants for this workshop: unlimited

Using perception and movement to access altered state 'alpha.'

This workshop aims to give participants the chance to begin to develop the capacity to be in a lightly altered state at will, which will open greater sensitivity to energy and energy fields (eg power loci); and give greater awareness of spiritual communication, whilst engaged in everyday activities. This is the ability to have awareness 'here and there' simultaneously. By doing this, we can have direct experience of the spirit that moves through all things, developing an experiential awareness of the essential oneness that underlies physical reality.
A portion of this workshop may be outside.

2.00 - 6.00pm: CHOICE OF WORKSHOPS

*Please choose ONE of the 3 longer workshops offered
OR choose ONE or BOTH of the 2 shorter workshops offered*

AFTERNOON LONGER WORKSHOP CHOICE ONE: SHAPESHIFTING THE SHADOW with Trisha Mulholland MA

Maximum of number of participants for this workshop: 45

Things to bring: ball of red wool or thread, a piece of wood/twig about 6"-12" in length, rattle, notebook and pen, eye cover and anything else you need to be comfortable. All participants must be experienced in shamanic journeying and have a good connection with at least one spirit helper/teacher

In this time of great change, we are moving into a new consciousness and paradigm, with change and transformation on all levels being accelerated. We have chosen to be born at this time on the planet to contribute to its evolution and to move through the vibrational changes that are being asked of us. In so doing, we can heal ourselves and each other, thus bringing balance to the Web of Life.

We are being given a profound opportunity to fully re-member who we are and to shift our consciousness. In the space between the in-breath and the out-breath, there is a magical moment where time and space

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stand still. This is an opportunity for us to clearly set our intention and allow something new to be born.

When our power is splintered and leaking - we can identify and bring into the light, patterns of negativity, doubt and fear - and have the possibility to transmute them into strength and freedom. Once the shadow aspects of ourselves are released, we can move towards expansion in our lives. Authentic empowerment is necessary to fulfill our mission... we need to lighten up!

'Our deepest fear is not that we are inadequate. Our deepest fear is that we are powerful beyond measure. It is our light, not our darkness that most frightens us.'

In this workshop of healing, joy and transformation, using the powerful tools of journeying, ritual and fetish work we shall start to shapeshift the shadow. We shall 'dart past the eagle to be free' and celebrate our power, light and love with one another.

AFTERNOON LONGER WORKSHOP CHOICE TWO:

WALKING THE TWO RIVERS OF DESTINY - THE RIVER OF BLOOD AND THE RIVER OF MILK With Rev Dr John-Luke Edwards

Maximum of number of participants for this workshop: 40

Things to bring: please wear white clothes for the ceremony and bring drums or rattles if you are able to.

To release the ancestral curses and connect to the ancient nourishment. There are curses that were put upon ancestors and never released or unbound. There are curses we have called to us that play into, or attach to the ancestral curses. These play out in this current life waiting and calling for recognition and resolution.

The curses are bound to us and we need to own our intentions in that bondage. We will free ourselves from those threads, wash them clean in the rivers and so wash our souls clean.

Together we will dance upon the rivers of blood & milk, unbinding the steps of the ancestors that keep them and us bound to ancient curses. Until we sink beneath the waters of the rivers to be swept to a new beginning. This is a moving and life changing ceremonial journey, that sets us and our ancestors free. Releasing the burden of regret both of our ancestors and ourselves, thus freeing the energies that have maintained those bindings into the destiny of this life and to the descendants.

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AFTERNOON LONGER WORKSHOP CHOICE TWO:

A GAP IN THE HEDGE – THE NEXT STEP

With Steve Niner

Maximum of number of participants for this workshop: 15

Things to bring: what ever you need to be comfortable out of doors for a few hours

We will be learning to connect with the spirits of the land, opening to a deepening appreciation of nature.

After finding our special place and spending some time attuning and observing. We will wander the land with intention for the land to teach us about the streams of involution and evolution returning to the fire and community to share what we have learnt.

2.00 - 3.45pm:

AFTERNOON SHORTER WORKSHOP CHOICE ONE:

AWAKENING THE ENCHANTRESS - THE LOST GODDESS (A women only workshop)

with Dawn Russell and Lorraine Grayson

Maximum of number of participants for this workshop: 30

Things to bring: Comfortable things for lying down journeying

The Enchantress, forgotten and misunderstood, lies within each of us. She has been banished from our archetypal understanding of the feminine - maiden, mother, crone. She fits in between mother and crone. Having let her children go she is not ready to face death, but to truly embrace life with the wisdom of experience and the newfound energy that the release of motherhood brings (mother energy can be found in all that we give birth to, not just children). Although cronehood is within her sights, she is not ready to withdraw, but wants to actively engage in life and explore the freedom of her individuality.

So who is she really? In her healthy state, she is the powerful woman within each of us. She is the deep feminine, the dark goddess who knows and embraces the cycles of life, death and rebirth. She is the priestess, the witch, the herbalist and the healer.

Drawing on the wisdom she has gained throughout her life, she brings an awareness and responsibility of how society's actions affect its citizens, especially the children, in the moment and for tomorrow. She is

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a strong, influential and passionate voice within the community council. She voices her wisdom gained from experience with passion, integrity and compassion, She enchants and hypnotizes us to awaken to our feelings, to stir our emotions and fire our passion. We can then see clearly the beauty and potential of life.

To find her, to awaken to her, we must relax into her, surrender to her unyielding power that comes from her 'place of no concern' and her connection with the earth, with the divine. Come and spend some time with the Enchantress within you through the coming together of women with the same intent, you will call her to be your ally and guide.

4.15 - 6.00pm:

AFTERNOON SHORTER WORKSHOP CHOICE TWO:

PEEP BEHIND THE CURTAIN

with Maria~Runningwater

Maximum of number of participants for this workshop: 20

*Things to bring: a hat which you are happy to part with (**you will not get your hat back**). The hat you bring can be in any condition providing it can still be worn as a hat. 2 sheets of card or paper (maximum size A5) Few coloured pens, crayons or pencils. 2 safety pins. Participants will need basic journeying skills.*

This workshop highlights how rewarding it can be to peep behind the curtain, dance with both rivers of life, become whole and show your truth. Many of us are taught to put our best foot forward, and at the same time we are encouraged to hide our foibles and traits (perceived or otherwise). By selecting to show only our light side and hide our shadow side, we prevent our wholeness from being, and continue to be less of ourselves. In essence we deny our truth.

We all experience the two rivers of life reflecting the light and shadow sides of who we are. The most power-full among us flow with these two rivers smoothly and easily giving credence to both. Some of us shy away from either our light or our shadow side, thus hiding our true beauty.

This experiential workshop encourages us to take a closer look and embrace our light and shadow sides. We can then honour our true beauty as we allow ourselves to dance with the two rivers of life.

- Dip a toe into each river
- meet the spirits of our light/shadow aspects
- Immerse ourselves through movement and creative expression
- acknowledge our reflections with love and compassion
- watch the beauty unfold as the two rivers meet.

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7.30 - 9.30pm:

UN-HUN SHAMANIC THROAT SINGING - System For Healing and Personal Development

with Vladislav Matrenitsky MD PhD

Maximum of number of participants for this workshop: unlimited

An experience of how your own sound is able to raise your energy and influence your state of mind.

Presentation content:

1: Introduction into styles of throat singing

2: Practice of basic sounds

3: Experience of throat singing meditation

4: The application of throat singing in Tuvan shamanism

SUNDAY 11th

AWAKENING TO THE YIN-YANG DANCE -

Flowing with the two rivers through movement and meditation as we welcome the first light of the day with Anja Saunders

Maximum number of participants for this workshop: unlimited

10.00 - 11.15am:

THE SHAMANS' MARKET

A chance to buy that special shamanic 'thingamajig' you have always wanted.
(Setting up time for stall holders is during the break 9.30 - 10.00am)

11.45 - 1.00pm:

THROAT SINGING AS A TOOL FOR SHAMANIC PRACTICE IN TUVA

with Vladislav Matrenitsky MD PhD

Maximum number of participants for this workshop: unlimited

During our time together you will get a direct experience of how throat singing can change our consciousness when used in shamanic rituals.

Presentation content:

- 1: Traditional Tuvan shamanic ceremony of appealing to spirits-assistants.
- 2: Explanation on usage of throat singing in Tuvan shamanism.
- 3: A group experience of sound travel.

2.00 - 2.30pm:

GIVE AWAY CEREMONY

3.00 - 3.30pm:

KEYNOTE SPEECH

with Alan Davis MD, PhD

CLOSING CEREMONY

with Annie Spencer

GRATITUDE AND FUTURE PLANS

with Howard and Elsa Malpas

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Pete Bengry...

From five years old I experienced a direct calling from the spirit of the drum. Becoming a professional percussionist, I journeyed through the rhythms of the music, offering a sincere healing as I performed throughout the world with the UK band Cornershop, which achieved a number one hit in the UK charts, in 1998 with the song Brimful of Asha. A journalist from The Guardian newspaper observed the impact of the healing through our music and wrote: "The loose, rolling grooves produced by the wonderful percussionist Peter Bengry transported the collective psyche toward an altered state." In 2002, I was guided by spirit to set up my healing practice 'Being in Beauty'. My passion is helping people deepen their connection with their own spirits and inspiring them to see the world through the eyes of beauty. My joy is to transmit the intimate relationship and direct primal experience of the drum in my healing sessions, one-to-one tuition and trainings. My mission is to make this gift of healing through rhythm accessible to people from all walks of life. This is my promise and commitment to the spirit of the drum.
e.mail: beinginbeauty@gmail.com www.beinginbeauty.com

Alison Bowie (workshop assistant)...

Alison Bowie has been following the shamanic path for six years, as well as being trained as a reiki healer. She regularly assists Taz Thornton with workshops and healings.

Nicholas Breeze Wood...

A biography for Nicholas can be found on page 43

Alan Davis MD, PhD...

A biography for Alan can be found on page 42

Rev Dr John-Luke Edwards...

John-Luke works in supporting those caught in the drama of abuse and abusing, working with victims, survivors and perpetrators of sexual abuse. His practice in BC Canada involves individual and group interventions, personal & spiritual development workshops. He trains apprentices in a 4 year shaman apprenticeship and ministry. He has a Bachelors degree in Education, a Masters in Applied Psychosynthesis. He studied psychodrama & drama-therapy, and is a qualified counselling supervisor and has PhDs in transpersonal psychology and parapsychology. His approach is to be a catalyst in the transformation and emergence of truth and soul in others and the world, believing that shamanism is a recall of the Great Spirit Creator to remember our relationship with

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the world; our true nature; our spiritual calling and a setting down of the hierarchical perception of humankind towards the rest of the Earth, all which is missing and forgotten in our society today.

As an integral part of his shamanic duty John-Luke, guided and instructed by the ancestors, has researched and re-animated the ancient lineage shamanic tradition of the Wolven path based on Nordic/Druidic roots from Northern Europe. An outcome of this was his founding of the Sacred Circle of the Great Mystery Shamanic Society, a registered society that furthers the integration of shamanic life in community through workshops, teaching, and conferences and offers a register of shamanic practitioners who abide by a code of spiritual accountability. He is an ordained shamanic minister of the Circle of the Sacred Earth and the Sacred Circle of the Great Mystery

www.wolfindark.com www.circleofgreatmystery.com
email: inevitablegrace@wolfindark.com

Lorraine Grayson...

Is a qualified homoeopath, shamanic practitioner and trainer, who teaches at the Lakeland College of Homoeopathy and at Eagles Wing College for Contemporary Shamanism. She is the co-founder of Celebrating Woman, which runs regular shamanic workshops using shamanic techniques and medicine wheel teachings for personal growth. She also has busy practices in London and East Sussex working with individuals.

www.celebratingwoman.co.uk www.shamanism.co.uk

Christiana Harle...

has been working with shamanism for nigh on twenty years in Finland. Life has taken her to Tuva where she worked with shamans for two years, continued her late husband's research on Tuvan culture and shamanism, which resulted in a film: In the Arms of Buddha and the Drum. She is an official shaman, red card holding member of Dүngүr the first Shaman Centre in Tuva. Heimo Lappalainen (decs.), Jonathan Horwitz, and Annette Höst were her first human introduction to shamanism. She has also worked with Naomi Lewis. Her family line is full of baptist and other charismatic preachers and sometimes she is known as holy-roller shaman preacher. During her earlier years she did healing through the Holy Spirit but when a big fir tree came to help she was told she was doing it wrong. She is one of the original founders of the Shamanic Centre of Finland established in 1993. which is a networking association for those interested in shamanism in Finland. Christiana has been teaching shamanic healing, giving workshops on birthing shamanic

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drums, lecturing on Tuvan shamanism in Finland and abroad for years. She is apprenticed only to her Spirit Helpers. Voice, sound, breath and bees all weave within her work as a shamanic healer, village chieftess, and daily life (even in politics) Chrisse is a keeper of bees, registered music therapist, soon-to-be breathwork therapist, traditional soap maker, gatherer of plants, mushrooms, berries and lives on a small farm with Honey Heikki, one of her sons, the Girls and lots of pick-yourself berries.
Email: christiana.harle@telemail.fi

Sarah Howcroft...

Sarah has been a healer and an artist since she was very young and has explored many healing modalities. She trained on the first Shamanic Practitioner's course that Elsa and Howard Malpas ever ran, and assisted them for the following four years. Since then she has undertaken further trainings including much shamanic work, sound healing, Ritual TranceDance Facilitation, NLP and Reiki. She now weaves everything into her workshops and healings. Her personal journey has led her to completely understand that all power lies within us, but access is often prevented by e-motions which are held, unprocessed, in the body. Although Sarah teaches shamanism at various levels, she has not lost the awe and wonder she felt at her first remembering, and she loves to teach journeying to beginners and witness the revelations, excitement, and inevitable healing that come from their connection to Spirit, themselves, and their own guides.

Sarah is also a qualified Bushcraft instructor and has spent some time with the San Tribes of the Kalahari. She believes that the lives and ways of our ancestors are seamlessly linked with shamanic understanding, and are serving the practical and spiritual challenges of our changing times. She lives amongst the beautiful mountains, forests and rivers of the Brecon Beacons National Park in Wales, where she offers healing, workshops, vision quests and practitioner training; and makes painted drums, rattles, beadwork, and other items inspired by shamanic needs and materials from the landscape.

www.shamanism-wales.co.uk

email: spirit@shamanismwales.co.uk

Ya'Acov Darling Khan...

Has been studying and practicing shamanism all his life with many gifted teachers from the Arctic to the Amazon. He brings a wealth of experience, knowledge and humour to his work. His workshops are practical and inspiring crucibles in which people from all walks of life can find

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extraordinary depth and beauty as well as the essential empowerment our time demands. He is the co-creator of Movement Medicine, a powerful and transformative shamanic movement practice based on a 21 Station Mandala that is genuine medicine for the times we live in.

He has been teaching internationally since 1989 and is the co-author of Movement Medicine – How to Awaken, Dance and Live your Dreams and co-creator of the CD, Movement Medicine Volume I – For the Dance of Life. He is also the creator of the Movement Medicine Summer Long Dance Ceremony, an annual 48 hour not-for-profit event that in 2010 raised over £30,000 for different projects and charities including Survival International.

www.schoolofmovementmeicine.com

yaacov@schoolofMM.com

Mark Loman...

is a talented jeweller, who has spent the last 20 years working as a 'jewel doctor' (goldsmith), seeing this as a form of healing, as the things he makes for people boost their 'feel good factor.' He is also a talented artist and has painted a series of portraits featuring his spirit guides as well as using his considerable crafting skills to make shamanic tools for himself and others. Mark is a committed crystal skull keeper, and has around 150 skulls at the last head count. Some of his channelled work with them appears in the book 'Crystal Skull Emissaries of Healing and Sacred Wisdom' by Marion Web-de-Sistos. Mark also runs the 'Warrior in the Heart Foundation' shamanic journeying circle in Glastonbury.
email: markyum@hotmail.com

Chetna Lawless...

Chetna's visionary gifts awakened at age 13 with the death of her grandmother who began to teach her. She went to Japan to study meditation and also India where she learned meditation from Osho. Since 1987 she has been practicing and teaching mystic and shamanic methods when she co-founded the Laughing Rainbow Mystery School. It was only after more than a decade of working deeply from stillness and silence, as a 'hollow bamboo,' that her spirits encouraged her to work with Sandra Ingerman who trained her to teach core shamanism. Chetna trains shamanic practitioners with an emphasis on personal development using the tools from her Mystery School work. The personal transformation and planetary healing emphasis from the Mystery School work resonated with Ingerman's Medicine for the Earth work. Human beings have disrupted the balance and to heal the planet means transforming our own

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dark density within, changing our base metal consciousness into pure gold awareness. She has been living and teaching these practices internationally in Japan, India, Greece, the UK and the USA. She is currently writing a book on the Colour Rays and helping people access the healing joys of Colour through the Colour Athenaeums.

www.vision-voyages.com

e.mail: admin@vision-voyages.com

Chris Luttichau...

Chris Luttichau is the author of *Animal Spirit Guides: Discover Your Power Animal And The Shamanic Path*. He trained intensively with native elders and shamans, mainly in North America, for more than 20 years, and is the keeper of an authentic and comprehensive body of teachings that he now shares in workshops and ongoing one-year and three-year training groups. The teachings cover a broad range of topics from healing and lucid dreaming to the Council Way and self-development. In 1998 he founded Northern Drum Shamanic Centre

www.northerndrum.com e.mail: chris@northerndrum.com

Vladislav Matrenitsky MD PhD...

Vladislav Matrenitsky (Kiev, Ukraine) graduated from Odessa State Medical University in 1986. Worked as General Practitioner. In 1989 he took a postgraduate course at a Institute of Gerontology of Academy of Medical Science of USSR. In 1991 Vladislav presented his Ph.D. on physiology and biochemistry of ageing, and after that was working as the Research Fellow in the same Institute. Has published in field of gerontology.

In 1991 he established one of the first in Kiev - Center for Human Development 'Aum' From the mid nineties he started to investigate the healing and spiritual aspects of voice and sound. This finally brought him to meet in 2001 his teacher - the Tuvan shaman Nikolay Oorzhak. After six years of study, using his scientific and spiritual experience, Vladislav helps Nikolay to formalise his knowledge into system Un-Hun - The Sound of Sun - and adapt it for Western world. Since 2005, they gave more then 100 of concerts and seminars in 15 countries of Europe, USA and Asia. Dr. Matrenitsky is the only student of Nikolay Oorzhak authorised to teach the throat singing and Un-Hun system. Currently Vladislav works independently and makes a research on effectiveness of Un-Hun system on health and longevity.

www.un-hun.com e.mail: khoomeiji@yandex.ru

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Trisha Mulholland...

Trisha Mulholland is a full time shamanic practitioner, therapist and teacher. She comes from a Scottish family, blessed with a strong connection to Spirit through her Mothers line and has been in contact with her spirits since childhood. She opened her practice Dreamweavers Energy Work in London in 1986 and has been teaching since 1991. She is the founder of 'Dreamweavers Women's Shamanic Medicine Lodge'. She also practises Kinesiology, Plant Spirit Medicine and Jin Shin Jyutsu and holds a Black Belt (1st Dan) in Ki-Aikido.

She has travelled widely - Africa, Thailand, Philippines, India, Tibet, Mexico, the Caribbean and the USA to study, train and work with indigenous Shamans, Healers, Medicine People and Spiritual Teachers.

In November 2010 she completed a 5 year apprenticeship with Eloxochitl, a Curandera in the Medicina Mexihka Tradition and for the past 12 years she has been spending 2 months of the year on retreat in India with her teacher. She and her spirits enjoy helping people connect to their own inner wisdom and power with passion, humour and love.

www.dreamweaversenergywork.com

email: trisha@dreamweaversenergywork.com

Stephanie Mills...

Stephanie Mills lives in Bellingham, Washington and is an Initiated shaman in the Wolven Path Lineage Tradition and continues her training in this Tradition - working towards her Reverendship. She is on the board of - and is the treasurer of - the Sacred Circle of the Great Mystery Shamanic Society and is a member of the SSP.

email: Ravenbirdsofpower@gmail.com

Steve Niner...

has been tracking mystery for as long as he can remember, down many a crooked path. He is a student of 'the mysteries', a shamanic practitioner, a witch, a druid, a father, a forest schools leader, a visual artist, a teacher of creativity, a permaculturist, a cook and a gardener. He has trained with John and Caitlin Matthews, the Warrior of the Heart Foundation, The Sacred Trust, Robert Moss, R.J. Stewart and Jon Young. He teaches native nature awareness, bush craft and environmental art to people of all ages. His shamanic practice is the ground that underpins all his work, and his passion is to try and

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communicate the wonder of life and how our everyday actions impact the world around us. To Steve, the imagination is the tool that is used to shape the world; we are the co-creators of the dream. 'We are the fires the ancestors dance around'
email: steveniner@gmail.com

Faith Wolfheart Nolton (formerly Jan Morgan Wood)...

A biography for Faith can be found on page 43

Shivam O'Brien...

Shivam is the creator and director of Spirit Horse Foundation. He been deeply immersed in the teaching and learning of ritual, story, spiritual practise and the recreating of sacredly aligned culture for well over twenty years. His work has a spiritual home among the wild waters and mountains of a secluded valley in Wales. There a community has grown up around ceremonial events, courses and trainings that seemed to spring from the ground itself and has since spread its wings in many directions. Their permanent camp is a village of *gers* (yurts) and roundhouses 'that faces up to the sky' and includes many shrines, men's and women's sacred houses, ceremonial grounds and temples, together with a Calendar of ceremonials, wilderness trips and pilgrimages, feasts, deep end retreats and many long nights of singing and dancing and storytelling. His attempt followed his own wildness and has been to stay close to the earth, near fire and water in their most primordial form and to find a sacred way that excludes no one. The language of ritual, the forgotten Holy Speech together with deep silent enquiry have been the staff and bundle in my hand. Shivam's adventure has grown a flowering branch called the Forest of dreams - a charity set up to buy 300 acres of mountain land around the camp to return it to natural wild forest.

Currently half accomplished:

www.forestofdreams.org www.spirithorse.co.uk

e.mail: shivam.spirithorse@gmail.com

Ben Rayner...

A 16 years professional skydiver, spinal injury occurred after a massive impact with the earth in 1992. After he had recovered he spent many years studying Eastern meditation practices and earth based spiritual paths. He trained for two years with Tom Brown, and was also trained by a Maori spirit teacher in New Zealand and with an Inuit shaman called Grey Wolf. Despite this, Ben thinks his greatest teacher has been

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time alone in the wilderness: New Zealand, Mid sierras California, Scotland, amongst others. He is currently teaching expanding awareness and earth based spiritual consciousness workshops here and abroad. Ben believes that the work he is bringing to people is unique and empowering and has witnessed deep change in people's worldview on completing this work.
benray21@yahoo.co.uk

Dawn Russell...

The shamanic way of life and growth is where my passion and excitement are continually inspired. My journey has been and continues to be establishing healthy relations with all things and becoming more and more alive within my life. I have been involved in Shamanic work since 1989, coming from a background of working in mental health and group dynamics, including holistic psychotherapy. I work full time as a shamanic practitioner with groups of men and women, women's groups and individuals exploring the potency of who we are and our connections in life on this beautiful planet. I feel this work is a great key to understanding ourselves within our lives and empowering ourselves with the tools to make the most of our journey.
www.shamanism.co.uk e.mail:
dawnrussell@eagleswing.co.uk

Maria-Runningwater...

was blessed with the ability to see, hear, sense, and feel spirit at an early age. It never left her; hence she followed many different interests Reiki, crystals, meditation, past life, tarot, NLP, hypnosis - and so the list goes on. None of these things made complete sense until she discovered the shamanic ways. Since then she has never looked back. Everything she has ever done now made sense to her and slotted together beautifully. She found herself sharing and helping others to find their way in life, offering shamanic workshops, circles, healing, consultations and occasional vision quests. Maria has much experience, but still no claims to fame, being a simple 'down-to-earth' person, which enables her to remain very grounded whilst working with these and other realities. She says that she finds herself walking between worlds daily, and is thankful for the day that her shamanic journey began.
www.totallyshamanic.com
email: help@totallyshamanic.com

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Leo Rutherford...

is the founder of 'Eagle's Wing College of Shamanic Medicine.' He has been a shamanic practitioner since 1985, and is author of 'The View through the Medicine Wheel', 'Shamanic Path Workbook' and 'Principles of Shamanism'. He received his MA in Holistic Psychology from Antioch University, San Francisco, and has studied with many gifted shamans. He studied Remote Viewing with David Morehouse, author of *Psychic Warrior*, who was trained by the CIA.

www.shamanism.co.uk

Anja Saunders...

is a shamanic practitioner, ceremonial leader and a bodyworker. For 17 years she was founder and director of the 'Academy of Natural Health,' where she developed a way of working with people which is empowering and accessible. She is also an Interfaith Minister. Tai ji is part of her daily practise and she has been studying with Chungliang Al Huang since the early nineties. She teaches movement and tai ji, as well as Alexander Technique, on a regular basis. Movement is key to aliveness for her. 'When I move I can be moved, when I am moved I can move on.'

Béatrice Simmons-Heiz...

Nature has called Béatrice up to the Swiss mountains, where she is running an atelier for her own fragrant creations and a practice for shamanic work, and also for the F.M. Alexander Technique. She is working in partnership with the spirits and power of the land. Béatrice is Swiss, and has previously been living for many years in England. Her marriage to an English man keeps her relationship to the UK lively, and she is sharing her work in Switzerland and in England. She has been taught for many years in the spirit and tradition of Mevlana Jelaluddin Rumi. She has also completed the 'Teacher Training' and 'Medicine for the Earth' with Sandra Ingerman, which is inspiring her work.

email: info@attaraduftparadies.com

Annie Spencer...

A biography for Annie can be found on page 42

Taz Thornton...

Taz Thornton has followed a spiritual path for many years, being steered towards shamanism by spirit before she even knew what it meant. Through the years, Taz researched the shamanic path and worked with a

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number of shamanic teachers over a decade-long learning curve, before being guided to offer her own services under the title Firechild, as a shamanic healer, workshop leader and crafter of sacred ceremonial items. Through Firechild, Taz runs workshops and training groups, as well as offering healings and space clearing services. Outside of her healing commitments and workshop programme, Taz can often be found channeling spirit to create 'medicine' jewellery and sacred ceremonial and healing tools, such as rattles, medicine bags and dance staffs. Outside of shamanism, Taz is trained in NLP and is also a reiki master. A member of the International Business and Personal Development Association, she is developing a following as a public speaker and trainer, encouraging people to step into their personal power and become the human being they were meant to be.

Taz's first book, looking at early life, psychic development and her path to shamanism, is currently underway.

www.firechild-designs.co.uk www.firechild-healing.co.uk

email: uk_taz@yahoo.co.uk

Mel Tomlinson...

Mel Tomlinson lives in West Vancouver Canada, she is an Initiated shaman in the Wolven Path Tradition, Secretary of the Sacred Circle of the Great Mystery Shamanic Society and a member of the SSP and The Druid Network. She is an artist and crafter and works in the field of law enforcement. Mel's family have lived in the county of Staffordshire, England since records began. She is Pagan.

email: ravenbirdofpower@gmail.com

David Wendl-Berry...

is a fully qualified 'Wilderness Rites Of Passage' guide and counsellor.

He trained as a wilderness guide at the School of Lost Borders in California, under the guidance of Steven Foster and Meredith Little - pioneers who first brought the vision quest into Western culture.

David is the pre-eminent Vision Quest guide in the UK, and has been taking people through this process for over 20 years.

He also apprenticed to the Sun Bear, the late Chippewa medicine man, for 8 years. He is a 2nd degree Reiki practitioner, and has been trained in The 'Metamorphic Technique', massage, counselling and psychotherapy. He trained with Arthur Lincoln Pauls in 'Ortho Bionomy', the science of intuitive and interactive healing.

His work has evolved over the past twenty years into a powerful

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synthesis of shamanism, eco-psychology, and a deep connection to the power of the land, which can bring about strength of direction, creativity, healing and wholeness.

www.earthencounters.net

email: earthwalker1@hotmail.co.uk

Mary Willis...

studied Social Anthropology at LSE where she developed a keen interest in shamanism. This interest went on the back burner whilst she brought up five daughters on her own. The dying and death of her fourth daughter 20 years ago drew her back in to shamanism. Since then she has been taught principally by Jonathan Horwitz, as well as other respected teachers and practitioners from a range of cultures. She has her own healing and counselling practice. The value of shamanic work with young disaffected people, and others who are labelled as 'different' is a major focus of her work.

email: marypwillis@yahoo.co.uk

THE CONFERENCE TEAM

Howard Malpas...

Being sent to a boarding school in Ireland as a nine year old was a very special opening for Howard. This school was run by his first shamanic teacher, and much time was set aside for attunement with nature.

It was at this time he opened to his passion for nature and everything natural. He was able to sit quietly in that beautiful ancient Celtic land, communicating eye to eye with the various animals and birds that approached him, these communications gave him a deep understanding of the natural world. After training as a Chemical Engineer, he spent years fighting the opening he had had as a child, until he could deny it no longer. This was at a major crossroads in his life nearly 30 years ago. The route he took led him to meet and learn from amazing teachers and to sit in a place of wonder and acknowledgement of the spiritual world. The shamanic way is the cloak he wears that blends his deepest desires with those of helping others find their soul healing.

With his partner Elsa he has been running the 'Warrior in the Heart Foundation' shamanic trainings for the past 15 years, and they also work together in the NHS using complementary therapies to help those with mental health difficulties and those suffering with addiction problems. Howard is an ordained Shamanic Minister and a Director of the Sacred Circle of the Great Mystery Society

www.shamanicwarrior.com

email: warriorintheheart@tiscali.co.uk

Elsa Malpas...

Initiation into the way of the shaman began for Elsa with total paralysis following polio at 11 years of age. She had a near death experience at this time, one of many throughout her life. For three years she was in a wheelchair unable to walk. Gradually with the help of guides and teachers from spirit, she managed to walk and overcome many other obstacles. Those years of struggle have given her a compassion for all people and a desire to work with those who need support and help. As a young woman Elsa was a natural psychic and for many years sat in a healing circle at her local Spiritualist Church, until one day she became disillusioned with what she was doing. On a physical level the results were outstanding, but she knew there was more to do. She knew she was here to help and teach on a very deep soul level. There followed many years of confusion and disillusion with society and authority. She never stopped working for those in need, those with a soul need, but it was only upon reaching a major crossroads in her life, when she met her

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partner Howard and they started a journey together that she realised what she was doing had a name: it was called shamanism.

Elsa is a Director of the Isle of Avalon Foundation in Glastonbury, a not for profit company that offers a range of programmes and trainings in contemporary spirituality, healing, personal growth and transformation. She is an ordained Shamanic Minister and Director of the Sacred Circle of the Great Mystery Society

www.shamanicwarrior.com

email: warriorintheheart@tiscali.co.uk

Alan Davis MD, PhD...

is an associate professor at the University of Utah School of Medicine and Rehabilitation in Salt Lake City, and the medical director for Quinney Rehabilitation Institute at Salt Lake City Regional Medical Center. He works with inpatient rehabilitation. His physical medicine and rehabilitation residency was at the University of Medicine and Dentistry of New Jersey in Newark. He then completed his neuroscience PhD investigating how yoga-like breathing exercises produce a relaxation response. He hopes to re-integrate spirituality and spiritual healing into hospitals and medical centers.

His shamanic training includes completion of the Foundation for Shamanic Studies (FSS) 3-year program, plus completion of a 2-year teacher training program with Sandra Ingerman and apprenticing with Sarah Sifers, PhD a graduate of the FSS 3-year program. After following his dream of integrating shamanic work into healthcare through the 'Shamanism in Medicine' conferences, he now seeks to provide a supportive community for shamanic practitioners.

With Bonnie Horrigan, Sandra Ingerman and a wonderful circle of enthusiastic practitioners, the Society of Shamanic Practitioners was founded in 2004, with Alan as President.

www.shamansociety.org

Annie Spencer...

is the founder of 'Hartwell' offering workshops on shamanic ceremonial ways. She is a ceremonialist and workshop leader with an Oxford MA and a Diploma in Humanistic Psychology. She has been running groups and trainings for over 20 years, including the ground breaking Women's Mystery courses. Her writing and earth mysteries, women's mysteries and ceremony can be regularly found in many major magazines. She also works with 'Circles of Life Rediscovery,' bringing earth-based spiritual traditions to young people.

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Annie has worked in many spiritual traditions over the past 30 years. Introduced to Native American Medicine work in 1982, she was apprenticed in this tradition. She has undertaken ceremony at Macchu Picchu; sat in sweatlodge in North America with elders from the Mi'kmaq and Ho Chunk nations; and has been studying Guatemalan Mayan teachings for the past five years. Knowing the importance of integrating these teachings with her own land, Annie has built up an intimate relationship with the sacred sites of her Cornish ancestors, and she follows her own ceremonial path. Annie opens pathways for others, illuminating their life journeys. Her primary interest is the renewal of ancient ceremonial forms for creating a path of beauty upon Grandmother Earth.

www.hartwell.eu.com email: info@hartwell.eu.com

Faith Wolfheart Nolton (formerly Jan Morgan Wood)...

is the author of 'Easy to Use Shamanism' and founded Sacred Hoop Magazine, which she edited for many years with Nick Breeze Wood, and she still lurks in the background of the magazine production, interfering quietly.

She has been a mystic, visionary painter and poet all her life, and a shamanic counsellor and 'soul gardener' for 25 years, working with her own growth and that of individuals and circles.

Faith's artwork has always explored and reflected the profound power of Beauty to balance, restore and heal, both on a personal and planetary level. Through her paintings she records her own shamanic life and under the guidance of her spirits she shares this shamanic perception with the wider community.

She works with creative development with individuals and small groups, healing creativity, and 'busting the art myth'.

Through words, images and form, made in a sacred context, she helps people widen individual spiritual experience and make records of their own amazing soul journeys in all worlds.

www.soulgardens.co.uk email: faith@faithnolton.co.uk

Nicholas Breeze Wood...

is the editor of Sacred Hoop Magazine, the world's leading international magazine about shamanism and earth-based spirituality.

He has been a shamanic practitioner for over twenty-five years, combining it with the more shamanic end of Tibetan Buddhism.

He has a special interest in the sacred and ritual objects found

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in Central Asian and Siberian Shamanism, Tibetan Buddhism and the Native American medicine path, and never tires of going on and on about them, as he thinks everyone should have the same deep interest. Because of this interest he founded an on-line gallery, 3Worlds, showcasing and selling these beautiful ritual antiques.

He has worked with many gifted medicine people and shamans over the years, but is now deeply apprenticed to his helper spirits, who's teachings never fail to awe and surprise him.

He is the author of 'Voices From The Earth,' and is also a craftsman, making traditional shamanic ritual objects, as well as being a musician and artist. He is currently writing a book about the ritual objects of Central Asian shamanism and Buddhism.

www.sacredhoop.org www.3worlds.org

email: Nick@sacredhoop.org twitter: [@NicktheBreeze](https://twitter.com/NicktheBreeze)

Vanessa Allen...

has been studying and working with shamanic practice for ten years, having completed her training with Howard and Elsa Malpas. She has been working as their assistant for two years offering support to students of the 'Warrior in the Heart' practitioner training. She works full-time in the NHS as a Systemic Psychotherapist. This means that she work with groups of carers, families and supporters of people who have learning difficulties. Vanessa has found that many of the tools and skills she has acquired in her shamanic training compliment the work she does as a therapist.

Participating in 'Fundamentals' in 2008 with Susannah Darling Khan of the School of Movement and Medicine has added a dimension of dance and voice work to her exploration and personal development. In September 2008, Vanessa was ordained into the Woven Way.

She continues to explore the interface between an integration of spiritual practice and psychotherapeutic work

email: vanessaallen123@btinternet.com

THE SOCIETY FOR SHAMANIC PRACTITIONERS
5th UK RESIDENTIAL CONFERENCE 2011

EVALUATION FORM

Thank You For Your Feedback

Thinking about the events you attended, and the conference in general, please rate your experience by ticking the box for the grade you wish to give each event...

The Venue				
Very Poor <input type="checkbox"/>	Poor <input type="checkbox"/>	Adequate <input type="checkbox"/>	Very Good <input type="checkbox"/>	Excellent <input type="checkbox"/>
Your Comments...				

The Facilities				
Very Poor <input type="checkbox"/>	Poor <input type="checkbox"/>	Adequate <input type="checkbox"/>	Very Good <input type="checkbox"/>	Excellent <input type="checkbox"/>
Your Comments...				

The Food and Refreshments

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

The Pre-Conference Day

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

The Morning Circle & Announcements

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

The Give-Away

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

Morning Movement with Anja Saunders

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

Shamanic Journeying Refresher Workshop with Sarah Howcroft

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

Opening Ceremony with Annie Spencer

Very Poor Poor Adequate Very Good Excellent

Your Comments...

There to Here - Moving into the Zone with Leo Rutherford

Very Poor Poor Adequate Very Good Excellent

Your Comments...

River of Joy with Christiana Harle (Friday)

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Psychopomp for the Ancient Dead of Dorset
with Mel Tomlinson & Stephanie Mills**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Introduction to Earth Awareness with David Wendl-Berry

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Walk Your Future, Live Your Dreams with Taz Thornton
Assisted by Alison Bowie**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Introduction to the Shamans Drum with Pete Bengry
Assisted by Chetna Lawless**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

The Shaman as Peacekeeper with Chris Luttichau

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Ritual Storytelling, Freedom and Community Resonance
with Shivam O'Brien**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Transformation! Feeling is Healing with Sarah Howcroft

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**We are the Flute, But the Music is Thine
with Beatrice Simmons-Heiz Assisted by Mary Willis**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

The Way of the Dancing Warrior with Ya'Acov Darling Khan

Very Poor Poor Adequate Very Good Excellent

Your Comments...

The River of Flow with Christiana Harle (Saturday)

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Walking with the Sacred Pipe
with Nicholas Breeze Wood and Faith Nolton**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

In a Nutshell – Craft Workshop with Mark Loman

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Dancing with the Tree of Life with Ya'Acov Darling Khan

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Expanding Awareness with Ben Rayner

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Shapeshifting the Shadow with Trisha Mulholland

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Walking the Two Rivers of Destiny – The River of Blood
and the River of Milk With Rev Dr John Luke Edwards**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

A Gap in the Hedge – The Next Step with Steve Niner

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Awakening the Enchantress
with Dawn Russell and Lorraine Grayson**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Peep Behind the Curtain with Maria-Runningwater

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Un-Hun Shamanic Throat Singing
with Dr Vladislav Matrenitsky**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

The Island of Movement with Christiana Harle (Sunday)

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Shamans' Market

Very Poor Poor Adequate Very Good Excellent

Your Comments...

**Throat Singing as Tool for Shamanic Practice in Tuva
with Dr Vladislav Matrenitsky**

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Keynote Speech with Alan Davis MD PhD

Very Poor Poor Adequate Very Good Excellent

Your Comments...

Closing Ceremony with Annie Spencer

Very Poor

Poor

Adequate

Very Good

Excellent

Your Comments...

Any Other Comments...